## ABSTRACT OF THE DISCLOSURE

The present invention related to an ink for ink-jet comprising: a coloring composition containing coloring particulates dispersed in a water based medium, the coloring particulates containing an oil soluble dye and an oil soluble polymer; and wherein the coloring composition has wavelength of maximum absorption ( $\lambda$  max(nm)) in the wavelength range from 510 to 560 nm and when the absorbance at the wavelength of maximum absorption ( $\lambda$  max(nm)) is regarded as 1, the absorbance at a wavelength ( $\lambda$  max + 75 (nm)) is no more than 0.2 and the absorbance at a wavelength ( $\lambda$  max - 75 (nm)) is no more than 0.4.